

Craft Culinary

Break

MENU

THE INTERNATIONAL CENTRE



Dressed Up Salad Cups
Top Your Fruit Salad:
Hemp, Goji Berries, Chia and Flax,
Mint and Honey Syrup
Top Your Mini Kale and Beet Salad:
Walnuts, Pumpkin Seeds,
Dried Cranberries, Sherry Vinaigrette
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MENU

Break

THEMED BREAK

Maximum Service Time of 1 Hour. Minimum of 10 Guests.

All Themed Break selections are accompanied with Freshly Brewed Regular & Decaffeinated Lavazza Coffee and Variety of Specialty Teas with Lemon, Honey & Milk (unless otherwise noted).

Dressed Up Salad Cups / 12 **vg gf**

Top Your Fruit Salad: Hemp, Goji Berries, Chia and Flax, Mint and Honey Syrup
Top Your Mini Kale and Beet Salad: Walnuts, Pumpkin Seeds, Dried Cranberries, Sherry Vinaigrette

From the Fridge / 15

Selection of Focaccia Pizzas: Tomato Bruschetta & Marinated Eggplant **and** Grilled Zucchini & Goat Cheese
Singapore Noodles with Shrimp
Buffalo Chicken Sliders
Served Cold

All About Cookies / 12 **v**

Selection of Freshly Baked Cookies:
Chocolate Chip, Double Chocolate Chip, Oatmeal Raisin, White Chocolate Macadamia, Salted Caramel Crunch, Shortbread

Feel-Good / 14 **v**

Assortment of Granola Bars
Selection of Happy Planet Individual Smoothies:
Extreme Green, Extreme Energy, Mango and Passion Fruit
Coffee and Tea not included

Corner Store Counter / 13 **v**

Assortment of Confectionery, Granola and Mini Candy Bars
Variety of Individual Bags of Chips, Pretzels and Ontario Popcorn
Selection of Fresh Whole Fruit

Parfait Bar / 13.50 **v**

Create Your Own Parfait: Greek Yogurt, Granola and Fresh Berries (Gluten-Free Available with Pre-Order)
Vibrant Display of Sliced Fresh Fruit and Berries

Candy Bar / 12.50 **v**

Jube Jubes, Jelly Beans, Tootsie Rolls, Lollipops, Hot Lips, Sour Keys and more...
Cans of Cream Soda, Root Beer, Orange and Grape Pop
Coffee and Tea not included

The Petite Pâtisserie / 13.50 **v**

Macarons, Éclairs, Profiteroles, Carrot Caramel Stack, Strawberry Swirl Cake Pops

Fruit n' Cheese / 16 **v**

Selection of Locally Produced Ontario Cheeses: Brie, Borgonzola, Friulano, Herbed Goat Cheese, Bocconcini, Aged Ontario Cheddar, Provolone and Blue Cheese served with Truffle Honey, Fruit Chutneys, and Artisan Fruit Bread Garnished with Mixed Dried Fruits, Nuts and Seeds

Deli with a Twist / 15

Open Faced Whole Grain English Muffins:
Sustainable Tuna Salad with Light Mayo, Diced Celery, Green Onions and Herbs
Egg Salad of Farm Fresh Eggs with Light Mayo, Chives and Paprika
House-Smoked Local Chicken Salad with Light Mayo, Diced Vegetables, Gherkins and Fresh Herbs
Vibrant Display of Sliced Fresh Fruit and Berries

Snack Cupboard / 13 **v**

Self-Serve Pretzels, House Made Kettle Potato Chips, Corn Chips, Popcorn, Bits & Bites and Trail Mix
Selection of Whole Fresh Fruit

Table 'O Nachos / 13 **v**

Build Your Own Nachos:
Salsa, Black Beans, Shredded Monterrey Jack Cheese, Sour Cream, Shredded Lettuce and Pickled Jalapeños

Dip Your Chip / 12 **v**

A Variety of Root Chips, Tortilla Chips and Pita with Hummus, Tapenade and Salsa

Design Your Own Trail Mix / 12.50 **v**

Granola, Slivered Almonds, M&M's, Sunflower Seeds, Craisins, Wasabi Peas, Gummi Bears, Dark Chocolate Chips
Pure Leaf Iced Tea, Tropicana Lemonade
Coffee and Tea not included



Singapore Noodles
with Shrimp



Selection of
Foccaccia Pizzas:
Tomato Bruschetta
& Marinated Eggplant
and Grilled Zucchini &
Goat Cheese
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From the Fridge



Buffalo Chicken Sliders

MENU

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BREAK ENHANCEMENTS

BAKERY

- Mini Whole Wheat Bagels
with Cream Cheese and Jam / 42 dz v
- Freshly Baked Assorted Gourmet Muffins / 47 dz v
- Assorted Pâtisserie Danishes / 47 dz v
- French Style Butter Croissants / 47 dz v
- Decadent Chocolate Croissants / 49 dz v
- Assorted Mini Canadian Style Donut Treats / 38 dz v
- Gourmet Novelty Cupcakes / 49 dz v
- Selection of Breakfast Breads / 40 dz v
Blueberry, Lemon Cranberry,
Baked Apple Oatmeal, Banana
- Traditional Assorted Savoury and Fruit Scones / 43 dz v
- Decadent Dessert Squares and
Chocolate Fudge Brownies / 40 dz v
- Assorted Mini French Pastries / 54 dz v
Éclairs, Mocha Mirror, Pistachio Daquoise,
Raspberry Delice, Orange Cointreau Slice
- Selection of Freshly Baked Cookies / 40 dz v
Chocolate Chip, Double Chocolate Chip,
Oatmeal Raisin, White Chocolate Macadamia,
Salted Caramel Crunch, Shortbread
- Selection of Strudels and Turnovers / 39 dz v
Blueberry, Apple, Strawberry, Cheese
- Homemade Seasoned Kettle Potato Chips / 35 vg
Serves 15
- Variety of Chocolate Truffles / 55 dz v

FRESH

- Farm Fresh Hard Boiled Eggs / 30 dz hw v gf
- Fresh Fruit Kebobs with Ontario Wildflower
Honey and Yogurt Dip / 6.50 v gf
- Array of Fresh Whole Fruits / 3.50 hw vg gf
- Sliced Fresh Fruit with Berries / 7.50 hw vg gf
- Chocolate Dipped Strawberries / 50 dz v

INDIVIDUALLY PACKAGED

- Assorted Candy and Chocolate Bars / 3.50 v
- Mixed Nuts / 6.50 vg gf
- Dried Fruits / 5.75 vg gf
- Ontario Apple Chips / 4.75 vg gf
- Ontario Popcorn / 3.75 v gf
- Individual Bags of Chips and Pretzels / 3.50 v
- Assorted Artisan Granola Bars / 5 v

COLD

- Individual Yogurt / 4 v gf
- Individual Yogurt Drink / 4.75 v
- Ice Cream Novelties / 5
- Frozen Yogurt Bars / 4.50
- Toronto's Own Gelato Fresco Tubes / 4.75 vg
- Homemade Fruit Smoothies / 7 vg gf
- Dairy-Free Happy Planet Individual Smoothies / 7.50 vg gf
Extreme Green, Extreme Energy,
Mango and Passion Fruit

GLUTEN-FREE

- Assorted Mini Muffins / 50 dz v
- Assorted Fruit Turnovers / 48 dz v
- Cookies / 48 dz v
- Granola Bars / 6
- Cupcakes / 55 dz v
- Breakfast Breads / 47 dz v